



Exercise Leader/Restorative Therapist
StoneyBrook Suites Assisted Living
1906 12th St S, Brookings, SD

Overview

Are you a compassionate and dedicated individual with a passion for making a positive difference in the lives of the elderly? StoneyBrook Suites is seeking a Restorative Therapist to enhance the quality of life for our residents through exceptional care and support. In this dynamic role, you'll lead engaging activities, exercise sessions, and restorative therapy to create a vibrant and supportive environment.

-Rotating on-call schedule - obtain resident assistant/med aide training to support floor staff

Responsibilities

- Engage & Inspire: Create, plan, and lead daily social gatherings, large group activities, crafts, and other events to keep residents active and connected.
- Exercise Leadership: Teach group exercise classes three times a week to promote physical well-being.
- Therapy & Support: Conduct one-on-one restorative therapy sessions to maintain and improve balance, strength, and mobility.
- Leadership Flexibility: Manage rotating on-call hours alongside your standard schedule.

Qualifications

- Prior healthcare setting experience preferred.
- Prior therapy/fitness experience preferred.
- Excellent interpersonal and caregiving skills.

This role is perfect for someone who:

- Is dependable and people-oriented
- Pays close attention to detail
- Is outgoing and manages time effectively
- Remains composed and performs well under high-pressure situations
- Thrives in busy and demanding schedules

Compensation: Starting at \$17-20 per hour, depending on experience

Benefits:

- Free meals
- Paid training and paid Medication Administration Certification
- Tuition Assistance for Nursing or related fields
- Employee Referral Bonus
- Avera Employee Assistance Program
- Paid time off (Full-time)
- Avera Health Insurance (Full-time)
- 401K matching (Full Time)

About StoneyBrook Suites

At StoneyBrook Suites, we are dedicated to creating a warm and supportive environment where our residents can thrive. Our goal is to enhance the quality of life for seniors through compassionate care, engaging activities, and personalized support. Join us in making a meaningful difference in the lives of those we serve.